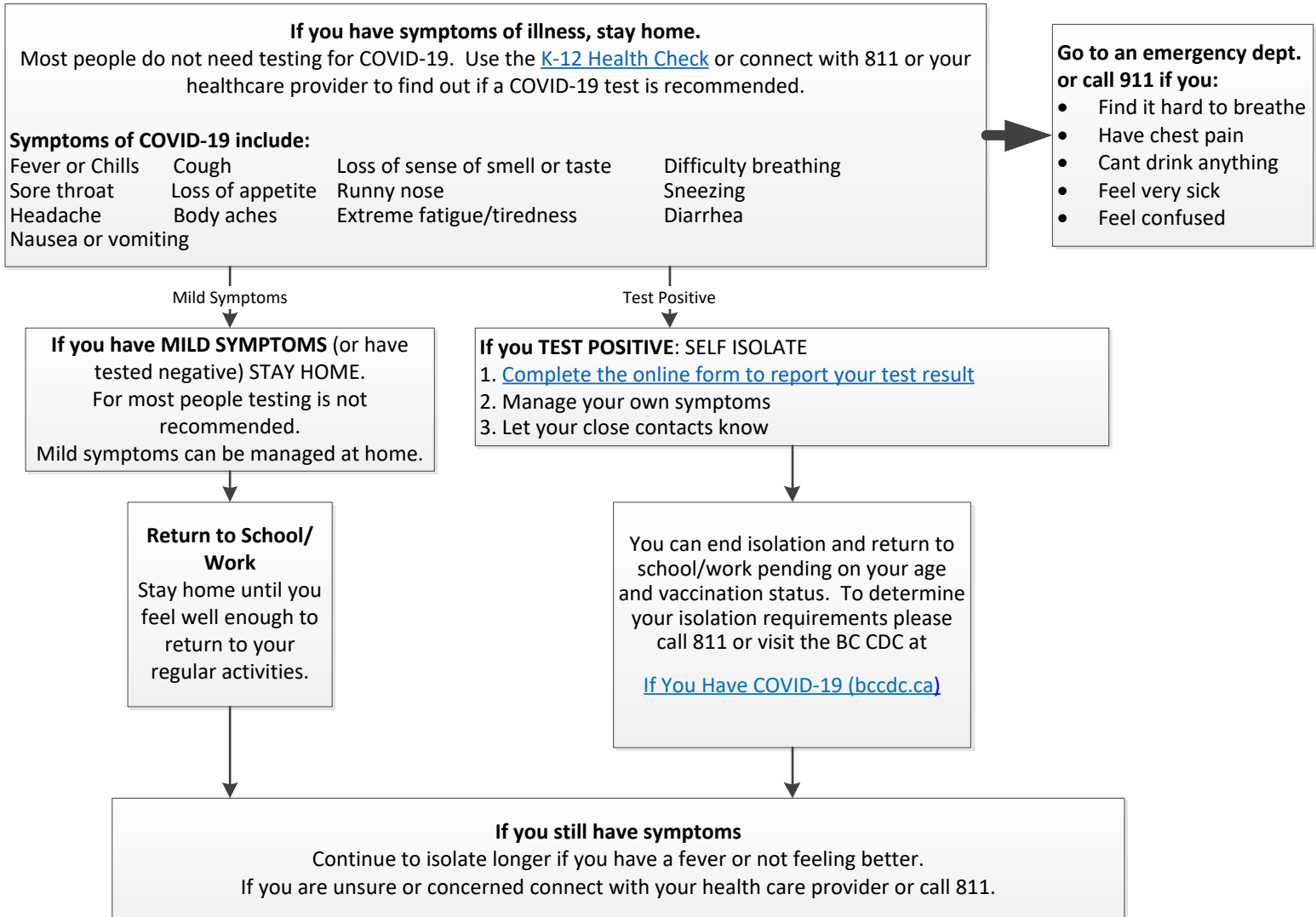


Appendix L- SD62 Daily Health Check



What to do if someone is sick in your household:

You can continue to attend school if someone in your household is sick and/or self-isolating as long as you do not have any symptoms of illness and feel well. This includes if they have tested positive for COVID-19. Ensure you closely monitor yourself (or your child) for symptoms of illness and stay home if you feel unwell. The best way to protect yourself and your family from COVID-19 is to get vaccinated. Vaccines are available for anyone ages 5 and up. Register now at: [Home \(gov.bc.ca\)](http://Home.gov.bc.ca)

You can attend school/work if:

- Your symptoms are consistent with a previously diagnosed health condition (e.g., seasonal allergies), OR
- You have existing symptoms that have improved to where you feel well enough to return to regular activities, **AND** you are not required to self-isolate, or your self-isolation period is over (based on a positive COVID-19 test result, if taken).

PARENTS/GUARDIANS, STAFF OR VISITORS CONSENT OF UNDERSTANDING:

I have read and reviewed the Daily Health Check and understand I must complete this daily for myself (or your child) before arriving on-site. I will review the Health Check daily when assessing myself (or your child). Once you have reviewed this document, please consent as per school's process confirming that you understand this and that you will assess yourself (or your child) daily for symptoms.